



RULES - SUPER SEVEN CRICKET

PLAYERS IN A TEAM : 7 Players
OVERS IN A MATCH : 7 Overs Each Side (All the six players except the wicket keeper bowl one over each in a match & the Seventh over of the innings will be bowled by any bowler from 6 players other than wicket keeper.)
BALLS IN AN OVER : Six Balls
THE PITCH: It shall measure 5ft./1.52 m. in width on either side of a line joining the centre of the middle stumps of the wickets.
THE BALL: The ball, when new, shall weigh not less than 155 g., not more than 165 g. and shall measure not less than 22 cm. nor more than 23 cm. in circumference.
MATCH TIMING : 2.00 hours
NO BALL : A penalty of two runs for a no ball shall be scored and after 3 no balls in a over every no ball in that over a penalty of 4 runs shall be scored.
WIDE BALL : A penalty of two runs for a wide ball shall be scored and after 3 wide balls in a over every wide ball in that over a penalty of four runs shall be scored.
BOUNCERS: The bowling of bouncers is not allowed. At the first instance the umpire shall call and signal "No ball" and the penalty of two runs shall be scored and after one bouncer in an over four runs will be given to batting side on each bouncer bowled in that over.
CATEGORY : Men & Women
TEAM COLOUR : As per state